

New Albany-Floyd County Consolidated School Corporation School Health Services
2014-2015 School Year

Medical Referral for Special/Modified School Meals/Food Allergies

To be completed by prescribing Health Care Provider

This form is intended to meet current federal regulations found in USDA FNS Instruction 783-2, Revision 2, Meal Substitutions for Medical or Other Special Dietary Reasons.

Section A TO BE COMPLETED BY PARENT (please print or type)

Student name _____ Date of birth _____
School _____ Grade _____ Teacher _____
Parent/Guardian name _____ Daytime phone no. _____ Permission for school nurse
to communicate with physician regarding this request _____ / _____
Parent's signature _____ Date _____

Section B TO BE COMPLETED BY PHYSICIAN (please print or type)

Describe the patient's condition/disability that necessitates dietary modification: _____

Check the major life activities affected by condition/disability listed above: ☐ eating ☐ self-care ☐ manual tasks
☐ walking ☐ seeing ☐ speaking ☐ sitting ☐ thinking ☐ learning ☐ breathing ☐ concentrating ☐ interacting with others
☐ working ☐ reading ☐ standing ☐ lifting ☐ bending ☐ Other: _____

Special/Modified Diet Prescription (Check all that apply):

☐ Specific Calories: ☐ Amount of _____ breakfast calories ☐ Amount of _____ lunch calories
☐ Modified Texture: ☐ regular ☐ chopped ☐ ground ☐ pureed (*Please check which texture*)
☐ Sodium Restriction: ☐ Amount _____ or ☐ No Added Salt
☐ Tube Feeding: Formula Name _____ Amount _____ Time(s) to be given _____
Administer via: ☐ Pump Flow Rate _____ cc/hr ☐ Gravity ☐ Other: _____
Amount of water to follow feeding: _____ cc
Oral Feeding: ☐ No ☐ Yes If Yes, specify foods _____
Note: If G-tube becomes dislodged, parent, trained emergency contact, or EMS will be called.
☐ Other (Describe) _____

Foods Omitted and Substitutions:

Specific foods or food group to be omitted _____

Food substitutions _____

Food allergies (specify) _____

Does the food allergy result in severe, life threatening reaction? ☐ yes ☐ no

Describe the allergic reaction _____

Does student require medication for allergic reactions? ☐ yes* ☐ no

***If medication required for the condition, please complete appropriate medication or action plan form.**

I certify the above named student needs special school meals prepared as described above because of the student's disability or chronic medical condition.

Physician's name printed _____ Physician's signature _____ Physician's telephone no. _____ Date _____

Distribution List/Date Given: ☐ School Nurse _____, ☐ Food Services _____, ☐ Teacher _____

THIS FORM MUST BE RENEWED AT THE BEGINNING OF EACH SCHOOL YEAR